Prüfungsordnung Aikido Frankfurt	Suwari Waza							Hanmi Handachi Waza					Tachi Waza												Ushiro Waza					
3. Kyu kumuliert	Katate Dori	Ai Hanmi Katate Dori	Ryote Dori	Kata Dori	Ryo Kata Dori	Shomen Uchi	Yokomen Uchi	Katate Dori	Ryote Dori	Shomen Uchi	Yokomen Uchi	Ushiro Ryo Kata Dori	Katate Dori	Ai Hanmi Katate Dori	Ryote Dori	Morote Dori / Katate Ryote Dori	Kata Dori	Ryo Kata Dori	Kata Dori Men Uchi	Muna Dori	Shomen Uchi	Yokomen Uchi	Chudan Tsuki	Jodan Tsuki	Ushiro Ryote Dori	Ushiro Ryo Kata Dori	Ushiro Ryo Hiji Dori	Ushiro Eri Dori	Ushiro Katate Dori Kubi Shime	Ushiro Kakae Dori
Ikkyo	3	4		3		4							4	5	3	3	4				5	3			4					
Nikyo	3			3		3							4	4		3	4				3	3			3					
Sankyo						3								4							3	3			4					
Yonkyo						3															3	3								
Shiho Nage								3					5	5	3							4			3					
Ude Kime Nage													4	4		3						4			3					
Irimi Nage		4				4				3			4	5							5	3			3					
Kokyu Ho / Kokyu Nage Naname													4			3														
Tenchi Nage													5		4															
Kote Gaeshi						3							4	4		3					4	3			3					
Uchi Kaiten Nage								3					4																	
Soto Kaiten Nage													3																	
Kokyu Nage													3		3	3		3	3						3	3	3			
Kokyu Ho			5																											